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ABSTRACT

This book is designed to help instructors and students master and teach the Wilderness Education Association (WEA) curriculum while in copies 40% discount; 250-999 45% discount; 1,000 or more describe the overall goal, the specific objectives, the body of knowledge, and the materials necessary for teaching about a specific topic within the WEA curriculum. Included in each plan are suggestions for the timing of the lesson during the expedition and some teaching methods that have been used successfully. The table of contents is arranged alphabetically and is intentionally designed so as not to suggest a specific order of subject presentation. Major topics of some of the 40 lesson plans are: (1) bathing and washing; (2) campsite selection; (3) decisionmaking theories and applications; (4) environmental ethics and backcountry conservation practices; (5) fire site preparation and care; (6) group processing and debriefing; (7) latrine construction and use; (8) leadership; (9) nutrition and rations planning; (10) pack packing; (11) personal hygiene; (12) stove operation; (13) trail technique; (14) trip planning; (15) water safety; (16) WEA history; and (17) weather. In addition, seven lesson plans deal with food preparation, six lesson plans deal with navigation, and two address safety. The book contains references for each chapter, a bibliography, and an index. (KS)

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